BTEC/CTEC SPORTS

SIXTH FORM

COURSE TITLE

BTEC Sport Level 3
National Extended Certificate

Exam Board: Pearson

AIMS OF THE COURSE

Candidates are expected to develop a wide range of skills related to the sport, physical activity and leisure industries. They will develop practical skills, knowledge of human anatomy, training for health and fitness and roles within the sport industry.

WHAT WILL YOU STUDY?

Three mandatory units in:

1. Anatomy and Physiology

2. Fitness training and programming for health, sport and well-being

3. Professional development in the sports industry

One optional unit from:

1. Sport Psychology

2. Sports Leadership

3. Application of fitness testing

4. Practical sport performance

HOW WILL YOU BE ASSESSED?

Anatomy and Physiology and Fitness training and programming for health, sport and well-being are both assessed via an externally set and marked exam. All other units are assessed via internally set and assessed coursework.

WHAT WIDER SKILLS WILL YOU DEVELOP?

- Presentation and extended writing skills
- Practical sports investigation skills
- Coaching and leadership skills
- Critical thinking and reviewing evidence skills

WHAT ARE THE FUTURE OPTIONS FROM THE COURSE?

Further study at university such as degrees in Sport Science, Sports Coaching or Physical Education. Apprenticeships in the sport, fitness and leisure industry. Careers in sports coaching, fitness and personal training, physiotherapy, armed and public services.